



COLONOSCOPY (For Patients With Constipation) SUPREP PACKET

Procedure Date: _____

Arrival Time: _____ am/pm

Estimated Procedure Time: _____ am/pm

You will be charged \$250 if you no show, cancel/reschedule without 48 hours notice. (770) 227-2222

Ordering Physician

Dr. Ranvir Singh
Dr. Stephen Rashbaum
Dr. Long Nguyen
Dr. Nitin Parikh
Dr. Ruth Montalvo
Dr. Jae Kim

Procedure Location: (CIRCLE ONE)

Digestive Care Endoscopy (678) 208-2131
11315 Johns Creek Pkwy Ste 420, Johns Creek
Emory Johns Creek Outpatient (678) 474-8100
6325 Hospital Parkway, Johns Creek
Northside Forsyth Outpatient (770) 844-3200
1200 Northside Forsyth Drive, Cumming

BOWEL PREP:

1. We have sent your Bowel Prep to your pharmacy. In addition, purchase Dulcolax Tablets and 1 Bottle of Magnesium Citrate.
2. Starting the morning of _____ you need to be on a **STRICT CLEAR LIQUID DIET ONLY**, for the entire day.
3. At **4:00 pm** on _____ you will take 2 Dulcolax Tablets as directed.
4. At **6:00 pm** on _____ you will initiate mixing and drinking your first round of the **Suprep**.
Pour one 6 oz bottle of **Suprep** into the mixing container supplied by the pharmacy. Add cool water to the 16 oz fill line on the mixing container. Drink all of the fluid mixture. Next, drink two additional 16 oz containers of clear liquid over the next 1 hour.
5. At **7:00 pm**, _____ you will then consume the full bottle of Magnesium Citrate.
6. 5 ½ hours prior to your scheduled procedure at _____, you will repeat step 4.

7. **NOTE: YOU MAY HAVE NOTHING TO SMOKE OR CHEW AFTER MIDNIGHT.**

8. **YOU MAY HAVE NOTHING BY MOUTH** for 4 hours prior to your procedure. Stop @ _____.

**** Please follow THESE instructions and NOT the instructions in the box.**

DRIVING INSTRUCTIONS:

Please arrange for a responsible adult to drive you to and from the facility. They must plan on staying at the facility during the procedure. Your procedure may be cancelled should you arrive without a driver.

It is best if you can have a responsible adult with you for at least 8-hours following your procedure.

You will not be permitted to drive for 24-hours after the procedure due to anesthesia. You should also refrain from making any important and financial decisions during this time.

Remember to bring your insurance card, and driver's license.

****Do NOT wear any contacts or jewelry to your procedure.**

****Bring warm socks to the procedure due to the area being cool.**

MEDICATIONS:

-Take **Heart & Blood Pressure** medications as instructed.

-**Diabetic Patients:**

- Do not take diabetes pill day of procedure. Feel free to bring them with you to take following the procedure.
- If you take **Regular Insulin**, do not take it the morning of your scheduled procedure. Please bring it with you to take following your procedure.
- If you take **NPH, or Lantus-type Insulin**, take ½ of your regular dose the morning of procedure.

Do NOT take any of the following medications:

*Xarelto, Eliquis, Pradaxa – **Stop 2 days prior**

*Warfarin – **Stop 3 days prior**

*Clopidogrel, Effient, Brilinta, Aspirin 325mg, Ibuprofen – **Stop 5 days prior**

*Iron, Multivitamins & Fish Oil – **Stop 7 Days Prior**