



# COLONOSCOPY ORDER & PLENVU II PREP

Procedure Date: \_\_\_\_\_

Arrival Time: \_\_\_\_\_ AM/PM

Procedure Time: \_\_\_\_\_ AM/PM

**You will be charged \$250 if you no show, cancel/reschedule without 48 hours notice. (770) 227-2222**

## Ordering Physician

Dr. Ranvir Singh  
Dr. Stephen Rashbaum  
Dr. Long Nguyen  
Dr. Nitin Parikh  
Dr. Ruth Montalvo  
Dr. Jae Kim

## Procedure Location: (CIRCLE ONE)

**Digestive Care Endoscopy (678) 208-2131**  
11315 Johns Creek Pkwy, Ste 420, Johns Creek  
**Emory Johns Creek Outpatient (678) 474-8100**  
6325 Hospital Parkway, Johns Creek  
**Northside Forsyth Outpatient (770) 844-3200**  
1200 Northside Forsyth Drive, Cumming

## BOWEL PREP:

1. Starting the morning of \_\_\_\_\_ you need to be on a **STRICT CLEAR LIQUID DIET** for the entire day.

2. On \_\_\_\_\_ at **4:00 pm**, you will take (2) Dulcolax Tablets as directed.

3. At **6:00 pm** on \_\_\_\_\_, you will initiate mixing and drinking your first round of the **Plenvu**.

Take 1 packet and mix it with 16oz. of water, then stir with a spoon or shake until completely dissolved. Continue drinking the mixture until completely finished. Then drink an additional 16oz. of a clear liquid within 30 minutes.

4. At **7:00 pm** on \_\_\_\_\_, you will then consume the full bottle of Magnesium Citrate.

5. **5 ½ hours prior to your procedure** at \_\_\_\_\_, you will repeat step 3. Drink an additional 16oz. of clear liquids within 30 minutes of finishing second dose of **Plenvu**.

6. You may continue CLEAR LIQUIDS with your second dose of Plenvu. **YOU MAY HAVE NOTHING BY MOUTH 4 HOURS PRIOR TO YOUR PROCEDURE. STOP @ \_\_\_\_\_.**

7. **NOTE:** DO NOT SMOKE OR CHEW ANYTHING AFTER MIDNIGHT.

## DRIVING INSTRUCTIONS:

Please arrange for a responsible adult to drive you to and from the facility. They must plan on staying at the facility during the procedure. **Your procedure may be cancelled should you arrive without a driver.**

It is best if you can have a responsible adult with you for at least 8-hours following your procedure.

You will not be permitted to drive for 24-hours after the procedure due to anesthesia. You should also refrain from making any important and financial decisions during this time.

## INSURANCE NOTE:

Please bring your driver's license and insurance card to every appointment; even your procedure.

Remember it is your responsibility to contact your insurance company to verify your insurance coverage for this procedure.

**\*\*Make sure to bring warm socks due to the procedure area being cool.**

**\*\* Please do not wear any jewelry or contacts.**

## MEDICATIONS:

-Take your **Heart & Blood Pressure medications** as instructed unless your doctor instructs you otherwise.

-If you have **Diabetes**, please follow the instructions:

\*Do not take your **diabetes pills** the morning of the procedure. Feel free to bring them with you to take following the procedure.

\*If you take **Regular Insulin**, do not take it the morning of your procedure. Please bring it with you to take following your procedure.

\*If you take **NPH, or Lantus-type Insulin**, take ½ of your regular dose the morning of your scheduled procedure.

## Do NOT take any of the following medications:

\*Xarelto, Eliquis, Pradaxa – **Stop 2 Days Prior**

\*Warfarin - **Stop 3 Days Prior**

\*Clopidogrel, Effient, Brilinta, Aspirin 325 mg, Ibuprofen – **Stop 5 days prior**

\*Iron, Multivitamins, Fish Oil - **Stop 7 days prior**