



COLONOSCOPY ORDER & MIRALAX PREP PACKET

Procedure Date: _____

Arrival Time: _____ am/pm

Estimated Procedure Time: _____ am/pm

You will be charged \$250 if you no show, cancel/reschedule without 48 hours notice. (770) 227-2222

Ordering Physician

Dr. Ranvir Singh
Dr. Stephen Rashbaum
Dr. Long Nguyen
Dr. Nitin Parikh
Dr. Ruth Montalvo
Dr. Jae Kim

Procedure Location: (CIRCLE ONE)

Digestive Care Endoscopy (678) 208-2131
11315 Johns Creek Pkwy Ste 420, Johns Creek
Emory Johns Creek Outpatient (678) 474-8100
6325 Hospital Parkway, Johns Creek
Northside Forsyth Outpatient (770) 844-3200
1200 Northside Forsyth Drive, Cumming

BOWEL PREP:

1. You will need to go to your local pharmacy and purchase 4 Dulcolax Tablets, 64 oz. of Gatorade(CLEAR) and a 238 gm. Bottle of Miralax(All Over the counter- No Written Rx required).
2. **At 1:00 P.M. on _____**, please mix your entire bottle of Miralax into your full bottle of Gatorade and shake until dissolved. Refrigerate.
3. **At 3:00 P.M. _____**, you will start your prep by taking 2 Dulcolax tablets by mouth.
4. **At 5:00 P.M. _____**, you will drink one 8 oz. glass of Miralax/Gatorade Mixture. Repeat this process every 15-45 minutes until you have finished the entire bottle of the 64oz of Gatorade (This process may take up to 1-2 hours)
5. **At 7:00 P.M. _____**, you will take 2 more Dulcolax tablets by mouth with your last glass of Miralax/Gatorade Mixture.

DRIVING INSTRUCTIONS:

Please arrange for a responsible adult to drive you to and from the facility. They must plan on staying at the facility during the procedure. Your procedure may be cancelled should you arrive without a driver.

It is best if you can have a responsible adult with you for at least 8-hours following your procedure.

You will not be permitted to drive for 24-hours after the procedure due to anesthesia. You should also refrain from making any important and financial decisions during this time.

INSURANCE NOTE:

Please bring your driver's license and insurance card to every appointment; even your procedure.

Remember it is your responsibility to contact your insurance company to verify your insurance coverage for this procedure.

**** Do not wear jewelry or contacts to your procedure.**

MEDICATIONS:

-Take your **Heart & Blood Pressure** medications as instructed unless your doctor instructs you otherwise.

-If you have **Diabetes**, please follow the instructions below:

*Do not take your diabetes **pills** the morning of the procedure. Feel free to bring them with you to take following the procedure.

*If you take **Regular Insulin**, do not take it the morning of your scheduled procedure. Please bring it with you to take following your procedure.

*If you take NPH, or Lantus-type Insulin, take ½ of your regular dose the morning of your scheduled procedure.

Do NOT take any of the following medications:

*Xarelto, Eliquis, Pradaxa – **Stop 2 days prior**