



# COLONOSCOPY ORDER & CLENPIQ II PACKET

Procedure Date: \_\_\_\_\_

Arrival Time: \_\_\_\_\_ am/pm

Estimated Procedure Time: \_\_\_\_\_ am/pm

**You will be charged \$250 if you no show, cancel/reschedule without 48 hours notice. (770) 227-2222**

## **Ordering Physician**

Dr. Ranvir Singh  
Dr. Stephen Rashbaum  
Dr. Long Nguyen  
Dr. Nitin Parikh  
Dr. Ruth Montalvo

## **Procedure Location: (CIRCLE ONE)**

**Digestive Care Endoscopy (678) 208-2131**

6300 Hospital Parkway Suite 440, Johns Creek  
**Emory Johns Creek Outpatient (678) 474-8100**

6325 Hospital Parkway, Johns Creek  
**Northside Forsyth Outpatient (770) 844-3200**

1200 Northside Forsyth Drive, Cumming

## **BOWEL PREP:**

1. We have forwarded a prescription for **Clenpiq** to your pharmacy.
2. **You will need to be on a strict CLEAR LIQUID DIET ONLY, the entire day prior to your scheduled procedure.**
3. **At 4:00 pm**, on the day prior to your scheduled procedure, you will take 2 Dulcolax Tablets as directed
4. **At 6:00 pm** on the day *prior* to your procedure, drink your first bottle of **Clenpiq**  
  
Follow with 40 oz (5- 8 oz glasses) of clear liquids over the next 5 hours.
5. **At 7:00 pm**, you will then consume the full bottle of Magnesium Citrate.
6. **5 hours prior** to your scheduled procedure at \_\_\_\_\_ am, you will drink the second bottle of Clenpiq. Drink at least 24 oz (3-8 oz) of clear liquids after. Finish drinking clear liquids 4 hours before your colonoscopy.
7. **You may continue a clear liquid diet until you initiate step 6. YOU MAY HAVE NOTHING BY MOUTH for 4 hours prior to your procedure.**

8. **NOTE: YOU MAY HAVE NOTHING TO EAT, SMOKE OR CHEW after midnight.**

## **DRIVING INSTRUCTIONS:**

Please arrange for a responsible adult to drive you to and from the facility. They must plan on staying at the facility during the procedure. Your procedure may be cancelled should you arrive without a driver.

It is best if you can have a responsible adult with you for at least 8-hours following your procedure.

You will not be permitted to drive for 24-hours after the procedure due to anesthesia. You should also refrain from making any important and financial decisions during this time.

## **INSURANCE NOTE:**

Please bring your driver's license and insurance card to every appointment; even your procedure.

Remember it is your responsibility to contact your insurance company to verify your insurance coverage for this procedure.

-Take your **Heart & Blood Pressure** medications as instructed unless your doctor instructs you otherwise.

-If you have **Diabetes**, please follow the instructions below:

\*Do not take your diabetes **pills** the morning of the procedure. Feel free to bring them with you to take following the procedure.

\*If you take **Regular Insulin**, do not take it the morning of your scheduled procedure. Please bring it with you to take following your procedure.

\*If you take NPH, or Lantus-type Insulin, take ½ of your regular dose the morning of your scheduled procedure.

## **Do NOT take any of the following Medications:**

\*Coumadin-**Stop 3 Days Prior**

\*Plavix, Aspirin, Ibuprofen, Iron and Multivitamins-**Stop 7 Days Prior**

*Please remove all jewelry prior to your procedure.*