

# COLONOSCOPY (For Patients With Severe Constipation) **PREP PACKET**

Procedure Date: \_\_\_\_\_

Procedure Location:

Arrival Time: \_\_\_\_\_ am/pm

Dr. Ranvir Singh

Dr. Stephen Rashbaum

Emory Johns Creek Outpatient

Procedure Time: \_\_\_\_\_ am/pm

Northside Forsyth Outpatient

You will be charged \$100 if you no show, cancel/reschedule within 48 hours. 770-227-2222

Johns Creek Endoscopy Suite

## BOWEL PREP:

1. We have forwarded a prescription for **MoviPrep** to your pharmacy. In addition, purchase Dulcolax Tablets and 1 Bottle of Magnesium Citrate.
2. You will need to be on a strict **CLEAR LIQUID DIET ONLY**, the entire day *prior* to your scheduled procedure.
3. At **4:00 pm**, on the day *prior* to your scheduled procedure, you will take 2 Dulcolax Tablets as directed.
4. At **6:00 pm** on the day *prior* to your scheduled procedure, you will initiate mixing and drinking your first dose of Moviprep.

Take 1 packet of Powder A and 1 packet of Powder B and place them in the clear 32 oz container supplied by the pharmacy. Mix the powders with 32 oz of a sweet clear liquid. Continue drinking the mixture until gone.

5. At **7:00 pm**, you will then consume the full bottle of Magnesium Citrate.
6. 5 1/2 hours *prior* to your scheduled procedure at \_\_\_\_\_ am, you will repeat step 4.

7. You may continue a clear liquid diet until you initiate step 4. **YOU MAY HAVE NOTHING BY MOUTH** for 4 hours prior to your procedure.
8. **NOTE: YOU MAY HAVE NOTHING TO EAT, SMOKE or CHEW** after midnight. You may only have your clear liquids with your second dose of **Moviprep**.

## DRIVING INSTRUCTIONS:

Please arrange for a responsible adult to drive you to and from the facility. They must plan on staying at the facility during the procedure. Your procedure may be cancelled should you arrive without a driver.

It is best if you can have a responsible adult with you for at least 8-hours following your procedure.

You will not be permitted to drive for 24-hours after the procedure due to anesthesia. You should also refrain from making any important and financial decisions during this time.

## MEDICATIONS:

-Take your **Heart & Blood Pressure** medications as instructed unless your doctor instructs you otherwise.

-If you have **Diabetes**, please follow the instructions below:

\*Do not take your diabetes **pills** the morning of the procedure. Feel free to bring them with you to take following the procedure.

\*If you take **Regular Insulin**, do not take it the morning of your scheduled procedure. Please bring it with you to take following your procedure.

\*If you take NPH, or Lantus-type Insulin, take 1/2 of your regular dose the morning of your scheduled procedure.

### **-Do NOT take any of the following Medications:**

\*Coumadin-**Stop 3 Days Prior**

\*Plavix, Aspirin, Ibuprofen, Iron and Multivitamins-**Stop 7 Days Prior**

Please remove all jewelry prior to your procedure.