



## Digestive Care Physicians, LLC

Dr. Ranvir Singh ~ Dr. Stephen Rashbaum ~ Dr. Nitin Parikh

770-227-2222 Office 770-227-2220 Fax

### Capsule Endoscopy Prep Sheet

#### Patient Instructions

Patient Name: \_\_\_\_\_

Date of Capsule Endoscopy: \_\_\_\_/\_\_\_\_/\_\_\_\_

#### Location of Procedure:

6300 Hospital Pkwy, Ste. 450 Johns Creek, GA 30097

Arrival Time: \_\_\_\_\_am/pm      Procedure Time: \_\_\_\_\_am/pm

- The day **BEFORE** your test, you may eat a normal breakfast and lunch before Noon and then you must switch to a clear liquid diet until 10:00 PM.
- **If you are currently taking any over the counter or prescribed Iron supplements you will need to discontinue these 10-days prior to your scheduled Capsule Endoscopy Procedure.**
- At 10:00 PM please take 1 full 5 oz bottle of over the counter **Mag-Citrate**.(Magnesium Citrate)
- You must refrain from anything to **eat, drink, smoke or chew** starting at 10:00 P.M. *prior* to your scheduled procedure. **No Exceptions!**
- Please notify our office if you have ever been told or diagnosed with GASTROPARESIS.
- Please wear a two-piece, loose fitting outfit that will camouflage the computer belt and all of its wiring.

Medications: You will need to wait to take your morning medication until 2 hours into your testing.

- Please be careful with PillCam Belt/Recorder, if it is lost you will be responsible for \$5000 for the cost to replace the Belt/Recorder.
- If you do not show up for your scheduled procedure or give us less than a 48-hour cancellation call, you will be required to pay a \$25.00 cancellation fee. If you are delayed, please contact our office immediately.

Patient Signature:

\_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Thank you so much for allowing us to be a part of your care.**



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### Capsule Endoscopy-Patient Consent

I have been advised that Capsule Endoscopy is an endoscopic exam of the small intestine. It is not intended to examine the esophagus, stomach, or colon, and it does not replace an upper Endoscopy or a colonoscopy. I understand this is a test that is performed to determine if there is a disease in the small bowel. Alternatives to this procedure include barium x-rays of the small intestine.

I understand that there are risks associated with any endoscopic examination including this procedure, such as a Bowel Obstruction. I have been advised that an obstruction may require surgical intervention.

I am aware that I should avoid MRI machines while wearing the Capsule Endoscopy Recorder, and until the capsule passes following my test period.

I understand that due to variations in a patient's intestinal motility, the capsule may only image part of the small intestine. It is also a possibility that due to outside interferences, some images may be lost or be un-recordable resulting in the need to repeat the capsule or other endoscopic exams.

I understand that due images and data obtained from my capsule Endoscopy may be used, under complete HIPAA confidentiality; for educational purposes in future medical studies.

Dr. Rashbaum, Dr. Singh, Dr. Parikh or Tami D'Elena, PA, has explained this procedure and its risks to me, along with alternatives of diagnosis and treatment, and I have been allowed to ask questions concerning this planned examination and I understand the reason for the test, treatment alternative and the risks associated with the test.

I authorize Dr. Rashbaum/Dr. Singh/Dr. Parikh to perform capsule Endoscopy on me.

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Patient's Name (Please Print)

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Patient's signature

/ /

Date

---

Ordering Physician Signature

Rashbaum/Singh/Parikh

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Witness signature

/ /

Date

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### **Patient Instructions for PillCam® Small Bowel Capsule Endoscopy**

#### **With the Sensor Belt**

**To ensure the best results for your PillCam® capsule endoscopy of the small bowel, follow your doctor's instructions carefully and completely.**

#### **Day Before Capsule Endoscopy**

1. Start the prescribed liquid diet after lunch.
2. Do not eat or drink except for necessary medication with a sip of water, 10 hours before your capsule endoscopy.

#### **Day of Capsule Endoscopy**

1. Do not take any medication 2 hours before having the exam.
2. Wear upper garment of thin, natural fiber such as a T-shirt that is long enough to reach at least to hip level and will not ride up above the belt.
3. Arrive for your appointment at the scheduled time.

#### **After Swallowing the PillCam SB Capsule**

**CONTACT YOUR DOCTOR'S OFFICE IMMEDIATELY IF YOU SUFFER FROM ANY ABDOMINAL PAIN, NAUSEA OR VOMITING DURING THE PROCEDURE**

1. You may drink colorless liquids starting 2 hours after swallowing the PillCam SB capsule.
2. You may have a light snack 4 hours after ingestion. After the examination is completed, you may return to your normal diet.
3. Be sure the sensor belt is tight at the waist. Do not attach anything to it.
4. Check the blue flashing PillCam recorder every 5 minutes to be sure it is blinking twice per second. If it stops blinking or changes color, note the time and contact your doctor.
5. Use the supplied Capsule Endoscopy Event Form, to note the time of any event such as eating, drinking or a change in your activity. Return the completed Event Form to your doctor at the time you return the equipment.
6. Avoid strong electromagnetic fields such as MRI devices or ham radios after swallowing the capsule and until you pass it in a bowel movement.
7. Do not disconnect the equipment or completely remove the PillCam recorder at any time during the procedure.
8. Treat the PillCam recorder carefully. Avoid sudden movements and banging of the recorder.

#### **After Completing SB Capsule Endoscopy**

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Return to the doctor's office at the scheduled time to have the equipment removed.

Or: If instructed to remove the equipment at the end of the capsule endoscopy procedure, do the following:

1. Remove the sensor belt and the PillCam recorder and keep in a safe place.
2. Return all the equipment to your doctor's office as soon as possible. Handle the PillCam recorder and other equipment carefully without exposing them to shock, vibrations or direct sunlight.

**1** *If you are not sure that the capsule has passed out of your body and you develop unexplained nausea, abdominal pain or vomiting, contact your doctor for evaluation.*

**2** *Undergoing an MRI while the PillCam capsule is inside your body may result in damage to your intestinal tract or abdominal cavity. If you are not certain the capsule is out of your body, contact your physician for evaluation and possible abdominal X-ray before undergoing an MRI examination.*

### Capsule Endoscopy Event Form

PATIENT NAME: \_\_\_\_\_

MRN: \_\_\_\_\_

TIME	Event (eating, drinking, activity and unusual sensations)
	PillCam capsule ingestion

TIME TO RETURN TO FACILITY  
\_\_\_\_\_ AM/PM

SPECIAL INSTRUCTIONS:

CONTACT: \_\_\_\_\_

AT: 770-227-2222

*Thank you so much for allowing us to be a part of your care.*